

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, जनरल हेल्थ सर्भिसेज समूह, नवौं (९) तह, मेडिकल सुपरीटेन्डेन्ट पदको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. Internal Medicine

- 1.1. Management of Common Diseases Prevalent in Nepal.
 - 1.1.1. Common diseases of respiratory system.
 - 1.1.2. Common diseases of GI System.
 - 1.1.3. Common diseases of cardiovascular system.
 - 1.1.4. Common diseases of nervous system.
 - 1.1.5. Common diseases of genitourinary system.
 - 1.1.6. Common diseases of blood and lympho-reticular system.
 - 1.1.7. Common endocrine and metabolic disorders.
 - 1.1.8. Common diseases of skin.
 - 1.1.9. Common diseases of bones, joints and collagen.
 - 1.1.10. Common disease of electrolyte imbalance.
 - 1.1.11. Common mental disorders.
 - 1.1.12. Common vector borne diseases.
- 1.2. Management of Common Medical Emergencies.

2. General Surgery

- 2.1. Swellings
- 2.2. Ulcers
- 2.3. Bleeding disorders
- 2.4. Traumas
- 2.5. Shock
- 2.6. Common surgical GI disorders

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- 2.7. Common surgical hepatobiliary disorders
- 2.8. Common surgical genitourinary disorders
- 2.9. Common ENT disease
- 2.10. Common ophthalmic diseases
- 2.11. Common dental diseases
- 2.12. Common surgical emergencies

3. Paediatrics

- 3.1. Nutritional and development status of child
- 3.2. Growth disorders
- 3.3. Nutritional deficiencies
- 3.4. Diarrhoeal disorders
- 3.5. Respiratory infections
- 3.6. Paediatric emergencies
- 3.7. Immunization schedule of Nepal

4. Gynaecology and Obstetrics

- 4.1. Management of common obstetrical and gynaecological problems
 - 4.1.1. Common menstrual problems
 - 4.1.2. Abdominal/pelvic swellings
 - 4.1.3. Vaginal discharges
 - 4.1.4. Uterus prolapse
 - 4.1.5. Urinary incontinence
 - 4.1.6. Gynaecological causes and management of abdominal pain
- 4.2. Management of Pregnancy
 - 4.2.1. Antenatal Care

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- 4.2.2. Normal labour and delivery
- 4.2.3. Delayed and obstructed labour
- 4.2.4. Fetal distress
- 4.2.5. PPH
- 4.2.6. Retained Placenta
- 4.2.7. Post Natal care
- 4.2.8. Comprehensive abortion care (CAC)
- 4.2.9. Post abortion care (PAC)
- 4.2.10. Safe abortion

5. Medical Jurisprudence, Forensic Medicine

- 5.1. Duties and rights of medical practitioner
- 5.2. Hippocratic oath and Geneva declaration
- 5.3. Malpractice and medical negligence
- 5.4. Medicolegal cases
- 5.5. Autopsy

6. Disaster Management

- 6.1. Mass casualty management: manmade and natural disasters
- 6.2. Basic elements of disaster planning
- 6.3. TRIAGE, management and evaluation of relief works
- 6.4. Role of GOS, NGOs and other related national and international organizations in disaster management
- 6.5. Epidemics and outbreak management, Isolation, Quarantine

7. Hospital infection control

- 7.1. Infection Prevention

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7.2. Quality assurance (QA)

7.3. Total quality management (TQM)

8. Hospital Management Strengthening Program Minimum Service Standards of Government

9. National Human Resources for Health (HRH) strategy 2021-2030, Nepal
